ABIM EXAM DAY Checklist

BEFORE EXAM DAY
- Read the Ultimate Internal Medicine Study Guide
- Take a Practice Exam
- Know the ABIM Exam Format
- Do the ABIM Exam Tutorial at Home
- Create your Exam Day Plan:
  - Confirm Time
  - Review Driving & Parking Instructions
  - Choose Departure Time to Ensure Ample Commute Time
- Get a Full Night of Sleep the Night Before the Exam

MORNING OF EXAM
- Dress comfortably
- Bring 2 forms of identification
  - Government-Issued Photo ID
  - Secondary ID such as Credit Card
- Pack Optional Items:
  - Snacks and Drinks
  - Sweater (Jackets not permitted)
- Arrive at least 30 min early

DURING EXAM
- Pace yourself / check progress every 20 min
- Don’t spend too much time on any one question
- Answer every question - eliminate & guess