

ABIM EXAM DAY

Checklist



BEFORE EXAM DAY

- READ THE ULTIMATE INTERNAL MEDICINE STUDY GUIDE
- TAKE A PRACTICE EXAM
- KNOW THE ABIM EXAM FORMAT
- DO THE ABIM EXAM TUTORIAL AT HOME
- CREATE YOUR EXAM DAY PLAN:
 - CONFIRM TIME
 - REVIEW DRIVING & PARKING INSTRUCTIONS
 - CHOOSE DEPARTURE TIME TO ENSURE AMPLE COMMUTE TIME
- GET A FULL NIGHT OF SLEEP THE NIGHT BEFORE THE EXAM



MORNING OF EXAM

- DRESS COMFORTABLY
- BRING 2 FORMS OF IDENTIFICATION
 - GOVERNMENT-ISSUED PHOTO ID
 - SECONDARY ID SUCH AS CREDIT CARD
- PACK OPTIONAL ITEMS:
 - SNACKS AND DRINKS
 - SWEATER (JACKETS NOT PERMITTED)
- ARRIVE AT LEAST 30 MIN EARLY

DURING EXAM

- PACE YOURSELF / CHECK PROGRESS EVERY 20 MIN
- DON'T SPEND TOO MUCH TIME ON ANY ONE QUESTION
- ANSWER EVERY QUESTION - ELIMINATE & GUESS